

## CORE 479: FOOD CULTURES- EUROPE (May 19 - June 4, 2024)

| Sun  | Mon   | Tue   | Wed   | Thu   | Fri   | Sat  |
|--|---|---|---|---|---|--|
| <p><b>May 19 (Day 1)</b></p> <p><b>Fly Boston to Amsterdam.</b></p> <p>Be at Logan Terminal C by 2:30pm</p> <p>Meet by Aer Lingus check-in</p> <p>Aer Lingus EI 132<br/>Depart 5:45 pm from Boston to Dublin/Amsterdam</p>                               | <p><b>May 20 (Day 2)</b></p> <p><b>Arrive Amsterdam Airport 10am</b></p> <p><b>Hotel Check in: Leonardo Royal Hotel Amsterdam</b><br/><b>Paul van Vlissingenstraat 24, 1096 BK Amsterdam</b><br/><b>+31 202500000</b></p> <ul style="list-style-type: none"> <li>• Visit Albert Cuyp Street Market to sample waffles, Dutch pancakes, herring, kroketten (deep fried meat);</li> <li>• Canal ride/city tour</li> </ul> <p><b>Lodge in Amsterdam</b></p> | <p><b>May 21 (Day 3)</b></p> <ul style="list-style-type: none"> <li>• Visit Edam &amp; Volendam, Netherlands fishing village and museum</li> <li>• Smit-Bokkum fish/eel smokehouse</li> <li>• Exploration of Amsterdam</li> </ul> <p><b>Lodge in Amsterdam</b></p>  | <p><b>May 22 (Day 4)</b></p> <ul style="list-style-type: none"> <li>• Group breakfast @The Pancake Bakery. Prinsengracht 191, Amsterdam</li> <li>• Bicycle ride through Dutch countryside</li> <li>• Visit Amsterdam rural villages TBD</li> </ul> <p><b>Lodge in Amsterdam</b></p> | <p><b>May 23 (Day 5)</b></p> <p><b>Morning train Cologne 8:25am-10:44am or 10:25am-12:44pm</b></p> <p><b>Hotel Check in: TBD Cologne Germany</b></p> <ul style="list-style-type: none"> <li>• Chocolate Museum</li> <li>• Walk through of Cologne Cathedral</li> <li>• Früh Am Dom- Group meal of traditional gastronomy and Kölsch</li> </ul> <p><b>Lodge in Cologne</b></p> | <p><b>May 24 (Day 6)</b></p> <p><i>Day Trip to Düsseldorf, Germany</i></p> <ul style="list-style-type: none"> <li>• Bakery Hinkel- Hohe Straße 31 tour 10:00am</li> <li>• Walkthrough Carlsplatz Market</li> <li>• Late lunch in Altstadt at Brauerei im Füchschen (Düsseldorf)</li> <li>• Return to Cologne for an evening boat trip on Rhine River</li> </ul> <p><b>Lodge in Cologne</b></p>  | <p><b>May 25 (Day 7)</b></p> <p><b>Morning train to Brussels 10:11am-12:08pm</b></p> <p><b>Hotel Check in: DC Hotel Brussel Drogenbos. W.A. Mozartlaan 11, 1620 Drogenbos, Belgium. +32 23311945</b></p> <ul style="list-style-type: none"> <li>• Chocolate &amp; Brussels city tour including Grand-Place, Royal Palace, Mannekin Pis Statue, Royal Galleries and Rue des Bouchers 3pm</li> </ul> <p><b>Lodge in Brussels</b></p> |
| <p><b>May 26 (Day 8)</b></p> <ul style="list-style-type: none"> <li>• Marché du Midi walk through</li> <li>• Scavenger Hunt Food and Art @Royal Museums of Fine Arts of Belgium</li> <li>• Atomium (Brussels)</li> </ul> <p><b>Lodge in Brussels</b></p> | <p><b>May 27 (Day 9)</b></p> <ul style="list-style-type: none"> <li>• Presentation by the European Commission on Health and Food Safety. Topics: Ensuring Europe's food is sustainable and safe; Protecting the health and welfare of farm animals, crops &amp; forests</li> <li><b>9:00am check-in</b></li> <li>• Parc du Cinquantenaire. Triumphal Arch</li> <li>• Brussels Cooking School 6:00pm-9:30pm</li> </ul> <p><b>Lodge in Brussels</b></p>   | <p><b>May 28 (Day 10)</b></p> <ul style="list-style-type: none"> <li>• Farm and cheese dairy visit. La Ferme du Bailli (Soignes, Belgium)</li> <li>Or</li> <li>• Bokrijk- Open air museum of past rural life. (Genk, Belgium)</li> <li>• Grand Place &amp; Mon des Arts at night</li> </ul> <p><b>Lodge in Brussels</b></p> | <p><b>May 29 (Day 11)</b></p> <ul style="list-style-type: none"> <li>• Coffee Warehouse tour (Antwerp) 10:30am</li> <li>• MAS Museum, Antwerp</li> <li>• ECLO Urban Farm &amp; Aquaponic Farm (Brussels)</li> </ul> <p><b>Lodge in Brussels</b></p>                                 | <p><b>May 30 (Day 12)</b></p> <ul style="list-style-type: none"> <li>• Bruges day trip</li> <li>• Friet Museum Bruges</li> <li>• World's longest Beer Pipeline</li> <li>• Canal Ride</li> </ul> <p><b>Lodge in Brussels</b></p>   | <p><b>May 31 (Day 13)</b></p> <p><b>Morning train to Paris 10:13am-11:35am</b></p> <p><b>Hotel Check in: ibis Paris Grands Boulevards Opera 9th. 38 Rue du Faubourg Montmartre 75009, Paris +33 145 23 01 27</b></p> <ul style="list-style-type: none"> <li>• Louvre @13:30h</li> <li>• Walk to hotel, freshen up</li> <li>• Metro to Eiffel Tower</li> <li>• Group dinner at Mamie Restaurant by hotel</li> </ul> <p><b>Lodge in Paris</b></p> | <p><b>June 1 (Day 14)</b></p> <ul style="list-style-type: none"> <li>• Senne River Cruise</li> <li>• Arc de Triomphe 11:50am</li> <li>• Montmartre Food Tour 2:45pm Metro station Abbesses</li> <li>• Parisian café culture of the 1920s' "Lost Generation" at Les Deux Magots or Harry's NY Bar</li> </ul> <p><b>Lodge in Paris</b></p>   |

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|--|---|--|----------------|----------------|--|----------------------------|
| <b>June 2 (Day 15)</b><br>• Day trip to Wine Caves Ambacia- Loire Valley (Amboise, France) <b>12pm Tour</b><br><br><b>Lodge in Paris</b> | <b>June 3 (Day 16)</b><br>• Independent study day/catch up on journals<br><br>• <b>Optional</b> – Catacombs, Notre Dame Cathedral<br><br>• <b>Group farewell dinner</b><br><br>• Evening free for cultural exploration<br><br><b>Lodge in Paris</b> | <b>June 4 (Day 17)</b><br>Fly to Boston<br><br>• RER B Train to DeGaulle Airport Terminal 1 9:00am (be at airport by 10:00am)<br><br>Paris to Boston<br>Aer Lingus EL 692<br>Depart 1:20pm<br>Arrive 6:50pm Terminal C | <b>June 5</b>  | <b>June 6</b>  | <b>June 7</b>  | <b>June 8</b>              |
| <b>June 9</b>  | <b>June 10</b><br>• Journal Due Monday June 10, 2024  | <b>June 11</b>   | <b>June 12</b> | <b>June 13</b> | <b>June 14</b><br>• Final Paper Due Friday June 14, 2024 | Tentative as of 2023-08-01 |

### OTHER OPTIONS

#### Düsseldorf

- Altstadt walking self-tour
- Uerige Brewery tour and schweinshaxe (pork knuckle) dinner

#### Antwerp

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#### Belgium

- Natura Mayonnaise Factory Ciney, BE (closed until 2024)
- Workshop: Cheese & Coffee Pairings. La Fruitière (Brussels)
- Farm and cheese dairy visit. La Ferme du Bailli (Soignes, Belgium) **2pm**
- Visit famous Brussels cafés & pubs
- Bokrijk- Open air museum of past rural life. (Genk, Belgium)

## CORE 479: FOOD CULTURES- EUROPE May 19-June 4, 2024 (17-days/15 nights + pre-instruction)

### Housing & Meals – Amsterdam, Cologne, Brussels & Paris (15 nights)

Each student will share a room with one or two other students of the same gender. We will stay in Amsterdam for 3 nights then 2 nights in Germany, after which we travel by train to Brussels for 6 nights. We then conclude our learning experiences in Paris where after 4 nights we fly back to Boston. Housing in each place is located in safe neighborhoods, centrally located near to each city's center, and frequented by tourists. A Continental (light) breakfast is included with the lodgings, and the tuition includes an allowance for one hearty lunch or dinner meal per full day, in a modestly priced restaurant.

### Student Eligibility & Fees

By the course start date, students must have completed their Sophomore year and CORE101-105 (or four GenEd Domains), be in good academic standing, and have no serious disciplinary infractions at RWU.

The fee for the 2024 program is approximately **\$4,820**, plus airfare (\$1,200 estimated). The fee provides:

- **3 credits** for CORE 479: Food Cultures Europe. This will count as meeting the University's **required CORE Senior Seminar** course
- **Transportation** for all train tickets, metro/buses and hired coach to the field sites listed on the itinerary
- **Housing** accommodations - double occupancy (triple if necessary, but unlikely)
- **Entrance** to all museum, tours and other events listed on the syllabus
- **Breakfast** (light Continental) each day
- **Meal** allowance for each full day in-country (\$30)

To be considered for this program a **deposit of \$500** should be paid at the Bursar's Office **in fall 2023**. If the applicant is not accepted into the program, the deposit will be refunded. Otherwise, the deposit is non-refundable and is intended to hold the applicant's place in the program for the **limited number of spaces**. The remaining tuition is due in late **February 2024**.

You should secure your air transportation by **February, 2024**. The course instructor(s) will work with you to explore your travel options and suggest recommended flights. Students are also welcome to fly to Europe early and then meet the group and/or remain in Europe after the course concludes.

### Scholarship Opportunities:

The RWU Spiegel Center for Global and International Programs is offering \$700 - \$1,000 scholarships for this program. See the RWU study abroad website for more information on the "Bridging the World" or "Global Engagement" scholarships, or contact Becky Denson (rdenson@rwu.edu or 401-254-3899).

### Faculty

The professor leading this course is Dr. Robert Cole, who is a full-time, long-time employee of Roger Williams University. Dr. Cole, Professor of Communication Studies, has travelled extensively and lived abroad. He has been teaching about food and drink cultures for a number of years, has visited these countries many times in the past, and has led students on similar learning experiences abroad. Professor Cole might invite another professor to assist in course delivery, depending on the final number of students enrolled.